

Roselani Place presents *Aging Wisely Community Education Series*

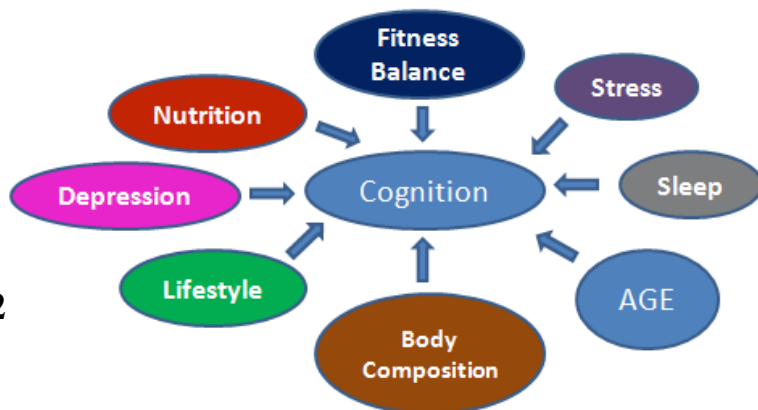
The Hawaii Dementia Prevention Trial

With Speaker Dr. Steve Blake, ScD

Saturday, June 24, 2017

1:30 pm - 3:30 pm

**Roselani Place - Third Floor Lobby
88 South Papa Ave., Kahului, HI 96732**



Alzheimer's disease is the 6th leading cause of death in the United States. This class and slide show is based on the Hawaii Dementia Prevention Trial. The lead author of this clinical trial will tell you about the dietary changes and supplements that resulted in memory improvement, rather than memory loss. He will teach you how to lower your risk of memory loss by increasing your intake of antioxidant fruits and vegetables. You will learn how to improve blood flow to the brain for brighter mental activity. Find out which three nutrients are crucial for lowering the buildup of Alzheimer's plaques. Hear about which supplements, dietary changes, and medical plants have been shown to be effective in reducing the risk and progression of this common dementia.

*FREE
Admission*

Roselani Place
MAUI'S ASSISTED LIVING COMMUNITY

*Open to
the Public*

Model apartments will be open for your viewing ~ Door Prizes ~
Musical Entertainment by Frances Ku and refreshments!

For more information contact Diane at diane@roselaniplace.com or call: 871-7720

88 S Papa Avenue, Kahului, HI
www.roselaniplace.com



About Steve Blake: Steve Blake, doctor of science in nutritional biochemistry, has been working at Hawaii Pacific Neuroscience. He has been teaching people with neurologic disorders to benefit from better nutrition. www.DrSteveBlake.com