

December 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Trivia Question 10:00 Scrabble 1:00 Holiday Netflix Movie 2:00 Snack Cart	2 9:00 Video Chat 10:00 Scrabble 1:00 Stretching DVD Class 1:00 Shopping at Target 2:00 Snack Cart	3 9:00 Video Chat 10:00 Scrabble 1:00 Music Therapy by Matthew 2:00 Snack Cart 3:00 Talk Story with Faith	4 National Cookie Day 9:30 Video Chat  10:00 Hanafuda 1:00 Holiday Cookie Decorating 2:00 Cookie Snack Cart
5 9:00 Video Chat 10:00 Arts & Crafts (MT/AG) 1:00 Scenic Drive (AL) 1:30 Trivia Question 2:00 Snack Cart	6 9:00 Walking Club 10:00 Brain Teasers 1:00 Chair DVD Exercise 2:00 Snack Cart	7 Pearl Harbor Day 9:00 Morning Exercise 10:00 Video Chat/Nail Care 1:00 Chair DVD Exercise 1:00 Veterans Talk Story w/ Kalei 1:30 Word Search 2:00 Snack Cart 3:30 Piano Music by Andrea 	8 9:00 Trivia Questions 10:00 Video Chat 1:00 Holiday Netflix Movie 2:00 Snack Cart & Cocktails 2:30 Meditation Class	9 National Xmas Card Day 8:30 Banking 9:00 Chair Yoga 10:00 Christmas Card Making Activity 1:00 Post Office 2:00 Snack Cart 	10 9:00 Video Chat/Walking Club 10:00 Brain Teaser 1:00 Food Meeting 2:00 Snack Cart 2:30 Word Search	11 9:30 Video Chat/Hanafuda 10:00 Bingo 1:00 Holiday Arts & Crafts 2:00 Snack Cart
12 9:00 Bingo 10:00 Shopping at Safeway 1:00 Scenic Drive (MT/AG) 2:00 Snack Cart	13 9:00 Video Chat 10:00 Scrabble 1:00 Stretching DVD Class 2:00 Snack Cart	14 9:00 Morning Exercise 9:30 Video Chat/Nail Care 1:00 Meditation Class 1:30 Word Search 2:00 Snack Cart 3:30 Piano Music by Andrea	15 International Tea Day 9:00 Sudoku Puzzle  9:30 Pet Therapy Visit 10:15 Resident Council Meeting 1:00 Holiday Netflix Movie 2:00 Tea & Cookies Snack Cart	16 9:00 Chair Yoga 10:00 Arts & Crafts (MT/AG) 1:00 Hanafuda 1:00 Shopping at Walmart 2:00 Snack Cart 3:00 Scrabble 6:00 Christmas Light Tour	17 9:00 Video Chat /Nail Care 10:00 Scrabble 1:00 Music Therapy by Matthew 2:00 Snack Cart & Cocktails 3:30 Holiday Crafts with Faith	18 9:00 Video Chat/Scrabble 10:00 Walking Club 1:00 Bingo Store 2:00 Snack Cart
19 9:00 Bingo 10:00 Arts & Crafts 1:00 Scenic Drive (AL) 1:30 Trivia Questions 2:00 Snack Cart	20 8:30 Walking Club 9:00 Video Chat 1:00 Meditation Class 2:00 Snack Cart	21 9:00 Morning Exercise 10:00 Bingo 1:00 Chair DVD Exercise 1:30 Word Search 2:00 Snack Cart 3:30 Piano Music by Andrea	22 9:00 Video Chat/Walking Club 10:00 Trivia Questions 1:00 Holiday Netflix Movie 1:00 Gingerbread House Activity (MT) 2:00 Snack Cart 2:30 Meditation Class	23 8:30 Banking 9:00 Chair Yoga 10:00 Bingo 10:00 Gingerbread House Activity (AG) 1:00 Post Office	24 Christmas Eve 9:00 Video Chat  10:00 Brain Teaser 11:00 Christmas Eve Luncheon 1:00 Chair DVD Exercise 2:00 Snack Cart	25 Christmas Day 9:30 Video Chat  10:00 Bingo 1:00 Ginger Bread House Activity 1:30 Trivia Questions 2:00 Snack Cart
26 Kwanzaa 9:00 Video Chat 10:00 Shopping at Foodland 1:00 Scenic Drive (MT/AG) 1:30 Word Search 2:00 Snack Cart 	27 9:00 Video Chat 10:00 Word Search 1:00 Scrabble 2:00 Snack Cart	28 9:00 Morning Exercise 9:30 Video Chat/Nail Care 1:00 Meditation Class 1:30 Word Search 2:00 Snack Cart 3:30 Piano Music by Andrea	29 9:00 Sudoku Puzzle 10:00 Video Chat 1:00 Netflix Movie Showing 2:00 Snack Cart	30 8:30 Banking 9:00 Chair Yoga 10:00 Brain Teaser 10:00 Shopping at Longs Drugs 1:00 Post Office 2:00 Snack Cart	31 New Year's Eve 9:00 Video Chat/Nail Care  10:00 Scrabble 1:00 Music Therapy by Matthew 2:00 Snack Cart & Cocktails 4:30 New Years Eve Dinner 6:00 Ring in 2022 (3rd FL lobby)	

Schedule Subject to Change Due to COVID Precautions