






# January 2022

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |   |
|--|--|---|---|---|--|--|---|
| <b>30</b><br>9:00 Bingo<br>10:00 Nail Care<br>1:00 Scenic Drive (AG/MT)<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>                                   | <b>31</b><br>9:00 Video Chat<br>10:00 Scrabble<br>1:00 Stretching DVD Class<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>   |    |   |   |  |  | <b>1 New Year's Day</b><br>9:30 Video Chat<br>10:00 Hanafuda<br>1:00 Nail Care<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>  |
| <b>2</b><br>9:00 Video Chat<br>10:00 Arts & Crafts (MT)<br>1:00 Scenic Drive (AL)<br>1:30 Trivia Question<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i> | <b>3</b><br>9:00 Walking Club<br>10:00 Brain Teasers<br>1:00 Chair DVD Exercise<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>   | <b>4</b><br>9:00 Morning Exercise<br>10:00 Video Chat / Nail Care<br>1:00 Chair DVD Exercise<br>1:30 Word Search<br>2:00 Snack Cart<br>3:30 Piano Music by Andrea<br><i>By appt: In/outdoor resident visits</i> | <b>5</b><br>9:00 Trivia Questions<br>10:00 Video Chat<br>1:00 Netflix Movie Showing<br>2:00 Snack Cart & Cocktails<br>2:30 Meditation Class<br><i>By appt: In/outdoor resident visits</i>           | <b>6</b><br>8:30 Banking<br>9:00 Chair Yoga<br>10:00 Arts & Crafts<br>1:00 Sit & Be Fit Exercise (DVD)<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>   | <b>7</b><br>9:00 Video Chat/Walking Club<br>10:00 Brain Teaser<br>1:00 Music Therapy by Matthew<br>2:00 Snack Cart<br>2:30 Word Search<br><i>By appt: In/outdoor resident visits</i> | <b>8</b><br>9:30 Video Chat/Hanafuda<br>10:00 Sit & Be Fit Exercise<br>1:00 Arts & Crafts<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i> |   |
| <b>9</b><br>9:00 Bingo<br>10:00 Nail Care<br>1:00 Scenic Drive (AG/MT)<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>                                    | <b>10</b><br>9:00 Video Chat<br>10:00 Scrabble<br>1:00 Stretching DVD Class<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>   | <b>11</b><br>9:00 Morning Exercise<br>9:30 Video Chat / Nail Care<br>1:00 Meditation Class<br>1:30 Word Search<br>2:00 Snack Cart<br>3:30 Piano Music by Andrea<br><i>By appt: In/outdoor resident visits</i>   | <b>12</b><br>9:00 Sudoku Puzzle<br>9:30 Pet Therapy Visit<br>10:00 Trivia Questions<br>1:00 Talk Story with Kalei<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>                  | <b>13</b><br>9:00 Chair Yoga<br>10:00 Arts & Crafts (MT)<br>1:00 Hanafuda<br>2:00 Snack Cart<br>3:00 Scrabble<br><i>By appt: In/outdoor resident visits</i>   | <b>14</b><br>9:00 Video Chat / Nail Care<br>10:00 Scrabble<br>1:00 Food Meeting<br>2:00 Snack Cart & Cocktails<br><i>By appt: In/outdoor resident visits</i>                         | <b>15</b><br>9:00 Video Chat / Scrabble<br>10:00 Walking Club<br>1:00 Nail Care<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>           |   |
| <b>16</b><br>9:00 Bingo<br>10:00 Arts & Crafts<br>1:00 Scenic Drive (AL)<br>1:30 Trivia Questions<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>         | <b>17 Martin Luther King, Jr. Day</b><br>8:30 Walking Club<br>9:00 Video Chat<br>1:00 Meditation Class<br>2:00 Snack Cart<br><br><i>By appt: In/outdoor resident visits</i> | <b>18</b><br>9:00 Morning Exercise<br>10:00 Bingo<br>1:00 Chair DVD Exercise<br>1:30 Word Search<br>2:00 Snack Cart<br>3:30 Piano Music by Andrea<br><i>By appt: In/outdoor resident visits</i>                 | <b>19</b><br>9:00 Video Chat/Walking Club<br>10:15 Resident Council Meeting<br>1:00 Netflix Movie Showing<br>2:00 Snack Cart<br>2:30 Meditation Class<br><i>By appt: In/outdoor resident visits</i> | <b>20 National Cheeselovers Day</b><br>8:30 Banking<br>9:00 Chair Yoga<br>10:00 Bingo<br>1:00 Nail Care<br>2:00 Cheese & Crackers<br>2:00 Snack Cart<br><br><i>By appt: In/outdoor resident visits</i> | <b>21</b><br>9:00 Video Chat<br>10:00 Brain Teaser<br>1:00 Music Therapy by Matthew<br>2:00 Snack Cart<br>2:30 Word Search<br><i>By appt: In/outdoor resident visits</i>             | <b>22</b><br>9:30 Video Chat<br>10:00 Bingo<br>1:00 Scrabble<br>1:30 Trivia Questions<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>     |   |
| <b>23</b><br>9:00 Video Chat<br>10:00 Brain Teaser<br>1:00 Scenic Drive (AG/MT)<br>1:30 Word Search<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>       | <b>24</b><br>9:00 Video Chat<br>10:00 Word Search<br>1:00 Sit & Be Fit Exercise(DVD)<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>  | <b>25</b><br>9:00 Morning Exercise<br>9:30 Video Chat / Nail Care<br>1:00 Meditation Class<br>1:30 Word Search<br>2:00 Snack Cart<br>3:30 Piano Music by Andrea<br><i>By appt: In/outdoor resident visits</i>   | <b>26</b><br>9:00 Sudoku Puzzle<br>10:00 Video Chat/Walking Club<br>1:00 Talk Story with Kalei<br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>                                     | <b>27 National Chocolate Cake Day</b><br>8:30 Banking<br>9:00 Chair Yoga<br>10:00 Brain Teaser<br>1:00 Word Search<br>2:00 Chocolate Cake Snack Cart<br><br><i>By appt: In/outdoor resident visits</i> | <b>28</b><br>9:00 Video Chat / Nail Care<br>10:00 Scrabble<br>1:00 Word Search Puzzle<br>2:00 Snack Cart<br>3:30 Crafts with Faith<br><i>By appt: In/outdoor resident visits</i>     | <b>29</b><br>9:30 Video Chat<br>10:00 Hanafuda<br>1:00 <b>Bingo Store</b><br>2:00 Snack Cart<br><i>By appt: In/outdoor resident visits</i>                 |   |

\*Schedule Subject to Change Due to Covid Precautions\*