

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Morning Exercise 10:00 Knitting Class 1:00 Shopping at Longs 1:30 Word Search 2:00 Snack Cart	2 9:30 Musical Entertainment by Alu Like Seniors 10:00 Farmers Market 1:00 Music Talk Story with Matthew 2:00 Snack Cart 2:30 Meditation Class	3 8:30 Banking / Post Office 9:00 Sit and Be Fit Exercise 10:00 Bingo 1:00 Shopping at Walmart 2:00 Snack Cart	4 National Candy Day 8:30 Video Chat / Nail Care 9:00 Sit and Be Fit Exercise 10:00 Bingo 1:00 Shopping at Walmart 2:00 Assorted Candy Snack Cart	5 9:00 Morning Walk 10:00 Nail Care 11:30 Lunch at Queen Ka'ahumanu 1:00 Gardening Club 2:00 Snack Cart
6 9:00 Bingo with the Kanehoalani Youth Group 10:00 Nail Care 1:00 Word Search 1:30 Trivia Questions 2:00 Snack Cart	7 9:00 Walking Club 10:00 Brain Teasers 12:00 Sing-a-Long with Kahului Union Church 1:00 Chair DVD Exercise 2:00 Snack Cart	8 9:00 Morning Exercise 10:00 Knitting Class 1:00 Visitation by the Iao Congregational Church 2:00 Snack Cart	9 9:00 Word Search 10:00 Farmers Market 1:00 Netflix Movie Showing 2:00 Snack Cart 2:30 Meditation Class	10 8:30 Banking / Post Office 9:00 Morning Exercise 10:00 Bingo 1:00 Shopping at Target 2:00 Snack Cart	11 Veterans Day 9:00 Video Chat / Walking Club 10:00 Brain Teaser 1:00 Food Meeting 2:00 Snack Cart 2:30 Brain Teaser	12 9:30 Video Chat / Hanafuda 10:00 Gardening Club 1:00 Netflix Movie Showing 2:00 Snack Cart 6:00 Bingo with the Maui Evangelical Church
13 9:00 Video Chat 10:00 Shopping at Foodland 1:00 Scenic Drive (AG/MT) 1:30 Word Search 2:00 Snack Cart	14 9:00 Video Chat 10:00 Scrabble 12:00 Sing-a-Long with Kahului Union Church 1:00 Sit and Be Fit Exercise 2:00 Snack Cart	15 9:00 Morning Exercise 10:00 Knitting Class 1:00 Shopping at Longs 1:30 Word Search 2:00 Snack Cart	16 9:00 Sudoku Puzzle 10:15 Resident Council Meeting 1:00 Music Talk Story with Matthew 2:00 Snack Cart 2:30 Meditation Class	17 8:30 Banking / Post Office 9:00 Sit and Be Fit Exercise 10:00 Bingo 1:00 Shopping at Walmart 2:00 Snack Cart	18 9:00 Video Chat / Nail Care 10:00 Scrabble 1:00 Thanksgiving Arts & Crafts 2:00 Snack Cart 2:30 Word Search	19 9:00 Morning Walk 10:00 Excursion to Kula Botanical Garden 1:00 Word Search 2:00 Snack Cart
20 9:00 Morning Exercise 10:00 Shopping at Safeway 1:00 Scenic Drive (AL) 1:30 Trivia Questions 2:00 Snack Cart	21 8:30 Walking Club 9:00 Video Chat 12:00 Sing-a-Long with Kahului Union Church 1:00 Meditation Class 2:00 Snack Cart	22 9:00 Morning Exercise 10:00 Video Chat / Nail Care 1:00 Shopping at Walgreens 1:30 Word Search 2:00 Snack Cart 3:30 Piano Music By Andrea	23 National Cranberry Day 9:00 Pet Therapy Visit 10:00 Farmers Market 1:00 Netflix Movie Showing 2:00 Cranberry Snack Cart 2:30 Meditation Class	24 Thanksgiving 9:00 Morning Exercise 11:00 Thanksgiving Luncheon 10:00 Bingo 1:00 Nail care 2:00 Snack Cart	25 9:00 Video Chat 10:00 Brain Teaser 1:00 Nail care 2:00 Snack Cart 2:30 Word Search 3:30 Happy Hour	26 9:00 Morning Exercise 10:00 Bingo 1:00 Movie Hour 2:00 Snack Cart
27 9:00 Morning Exercise 10:00 Shopping at Foodland 1:00 Scenic Drive (AG/MT) 2:00 Snack Cart 2:30 Musical Entertainment with Matthew	28 9:00 Video Chat 10:00 Scrabble 12:00 Sing-a-Long with Kahului Union Church 1:00 Sit and Be Fit Exercise 2:00 Snack Cart	29 9:00 Trivia Questions 10:00 Video Chat 1:00 Shopping at Longs 2:00 Snack Cart 2:30 Meditation Class 3:30 Piano Music By Andrea	30 9:00 Pet Therapy Visit 10:30 Musical Performance by Michael Gray 1:00 Netflix Movie Showing 2:00 Snack Cart 2:30 Meditation Class			

Schedule Subject to Change Due to Covid Precautions