

Roselani Place

MAUI'S ASSISTED LIVING COMMUNITY

ROSELANI SCENE

JANUARY 'IANNUALI 2025

Happy New Year

General Manager - Faith Gianan

Business Office Manager - Michelle Kalawa

Director of Health Services - Venesha Rems Vasquez RN, BSN

Marketing and Community Relations Director - Debbie Priest

Activities Director - Kalei Figaroa

Housekeeping Supervisor - Sarah Perreira

Food Services Director - Tusi Maulupe Jr.

Maintenance Director - Keala Dutro

Enhanced Care Coordinator - Deann Moritz



Aloha from our General Manager

On January 29th the Chinese lunar year will be the Year of the Snake. Growing up, I remember my mom instilling in me the hope of a new beginning with a new year.

Good health and fortune are the general wishes of a new year where many Asian cultures participate. With the celebrations of spring festivals, the Lunar New Year symbolize and embodies a hopeful transition from the cold winter to the season of renewal.

I remember my mom and I would travel to downtown Chinatown in Los Angeles and visit shops and historic eateries. It was at one of the little shops I recall my mom introducing me to the Chinese zodiac signs and seeing the various porcelain animal figurines on display. I fondly remember my mom saying, "Don't touch! Just look with your eyes!" There was also a calendar with the 12 zodiac animals, birth years and the horoscope explained one's fortune for the new year.

My mom asked the shop owner to explain the Chinese zodiac calendar to us. It was there that I learned I was born on the year of the rabbit and my mom was born on the year of the rooster. It was from the animal that your personality had similar traits and if the lunar year was your animal, then it would be a special year for you. "2025 will be the Year of the Snake. In Chinese culture, those born in a Snake year are thought to possess qualities of patience, insight, and keen intuition. They are regarded as deep thinkers who can often see what others overlook, making them ideal problem solvers and strategists."

The Chinatown in Los Angeles was known for its delicious yet cheap eats, home decor, art work and clothing. Although we didn't eat all of the traditional new year food items, I recall my mom and I enjoying Chinese steamed sweet rice cakes, siopao or manapuas, and of course noodles. My mom would make her tasty Filipino dish pancit. Noodles are a symbol of long life and my mom would make sure that was always on the menu.

I also loved watching the live lion and dragon dancers that are common in China. These dances are performed for prosperity and luck for the New Year. The music and loud firecrackers were so entertaining. I watched many taking turns feeding the dragons red envelopes. Once these were placed in the dragon's mouth, they would dance for you in appreciation. One would be in awe of their acrobatic and quick movements that made the dragons look so real. From all of us at Roselani Place we want to wish you a Kung Hei Fat Choy – wishing you great happiness and prosperity in 2025!

Mahalo Nui Loa,
Faith Gianan
General Manager



Welcome in the New Year . . . Local Style

A *kadomatsu* is a traditional Japanese decoration of the New Year placed in pairs in front of homes supposedly to welcome ancestral spirits or kami of the harvest. They are placed after Christmas until January 7 (or January 15 during the Edo period).

Designs for *kadomatsu* vary depending on region but are typically made of pine, bamboo, and sometimes ume tree sprigs which represent longevity, prosperity and steadfastness, respectively.



New Year's Tips For Seniors



FOR SENIORS:

1. Fall-proof your home. One-third of all senior falls come from hazards around the home. Take preventative measures now to prevent actions in the future.
2. Go through your family photos. You have information and stories about your family members that your children and grandchildren don't know. Make sure your family heritage is preserved by going through your family photos by labeling them or putting them in an album that your family can enjoy for generations.
3. Keep moving! Stay feeling young by keeping active. You don't have to spend hours at the gym to do it: start a daily walk with your spouse or a friend, or take up an activity such as water aerobics, or yoga.
4. Eat right. Being healthy doesn't mean eating boring food. Take a healthy cooking class to learn some new recipes, or visit the weekly farmer's market to stock up on fresh fruits and veggies. Your body will thank you.
5. Get your affairs in order. Collect and organize important documents concerning your insurance, will, financial information, and assets. It's not a fun task, but getting it done will feel great.

FOR CAREGIVERS:

1. Take care of your health. Make sure you're eating enough nutritious food and sleeping enough every night. Stress and poor diet will take a toll on your physical and mental health.
2. Get educated. Do you feel knowledgeable about your loved one's medical conditions? Learning everything you can about what they're dealing with will provide comfort and reduce stress for all involved.
3. Ask the tough questions. Conversations about wills and end-of-life care aren't fun. But better to get them out of the way now than to be left wondering. Sitting down with your loved one to talk about these things will take a weight off your mind.
4. Ask for help if you need it. Be honest with yourself about how you're handling caregiving on top of your daily tasks. If you're in control, great. But asking for help doesn't mean admitting defeat. Ask your family to chip in, or consider hiring professional help if you need it.

Happy New Year
2025

COVID News from the General Manager

Dear Residents and Families of Roselani Place,

Thankfully there is no COVID activity to report at this time. We have the ability to test those who may have been exposed and/or experiencing any symptom(s). **Please inform a Nurse, Resident Assistant or the Receptionist if you don't feel well.**

Residents, staff, visitors and guests are not required to wear face masks while in our Community. However, should we have an active staff or resident case, we encourage you to wear a face mask for your protection and for others. I also ask should one present any symptom(s) that is not COVID related, then to please wear a face mask.

Wash your hands often and please utilize the hand sanitizer stations throughout the building. When serial testing is being conducted, we encourage you to wear a face mask that covers your nose and mouth upon leaving your room and when assisted by any one of our staff members. If you are in need of a free face mask, please ask us and are made available at the Front Desk. Wearing a face mask becomes optional again when serial testing is complete and no COVID activity is present.

If someone is exposed or is experiencing COVID or flu symptoms, we strongly urge our guests to refrain from visiting and to re-schedule their visit.

Visits can be conducted daily and for any out of the facility visits, please inform us of the date, time, and approximate length of when you will be out of the facility; **at least 24-48 hours in advance of leaving**, to our Receptionist. Before leaving the facility, please sign out at the Front Desk.

Roselani Place stays committed to the well-being of our residents. Our Health Services Team also wants to remind you to wash your hands often. Please inform our team in the Med Room when you have a medical appointment. When you feel sick or ill, please press your call pendant and inform any staff member or nurse.

I am available to address any concerns or questions you may have. On behalf of myself and all the staff of Roselani Place, we want to thank our residents and their families for their continued support and understanding to keep our community safe for the coming new year.

Thank you,
Faith Gianan
General Manager



In Memory of Roselani Place Residents

Peter Matsuoka

June 6, 1924 - December 13, 2024

Vicente Soriano

January 22, 1932 - December 29, 2024

Join us for a fun and exciting afternoon of
Las Vegas style Blackjack and Roulette tables

*It will be a memorable event
that will be remembered for years to come!*



VEGAS

Roselani Casino-Party!

FRIDAY, JANUARY 31, 2025

2PM - 4PM

MAIN LOBBY

ROSELANI PLACE

PLAY

BLACKJACK

ROULETTE

PROVIDED BY:

N-THATS ENTERTAINMENT

LIVE ENTERTAINMENT AND PUPUS
FOR RESIDENTS, FAMILIES,
FRIENDS AND STAFF

Roselani Place hosts the monthly
Caregiver Support Group

Offering care and support to Maui residents living with dementia and their caregivers.



alzheimer's
association

CAREGIVER SUPPORT GROUP

Please join us on

Thursday, January 23, 2025

4:00 pm - 5:30 pm

Roselani Place Activity Room

Open to the public

Refreshments provided and free parking

Please RSVP to Cindy Fowler at cfowler@alz.org
or call Debbie Priest at 808-871-7720
for more details.

January Birthdays at Roselani Place

January 1	Roseline De Mello
January 2	Dorothy Alo
January 3	Gloria Fleming
January 15	Virginia "Naomi" Shimada
January 20	Eleanor Machida
January 26	Sally Kuba
January 29	Tom Allen



Complimentary Birthday Lunch
 Please see Kalei in Activities for more info

January 2025 Important Dates

January 1	New Year's Day
January 20	Martin Luther King Jr. Day
	Inauguration Day
January 27	International Holocaust Remembrance Day
January 29	Lunar New Year - Year of the Snake



Word Search



Let's Dance

Find these dances:

- | | | |
|------------|-----------|------------|
| Bebop | Hornpipe | Rumba |
| Beguine | Jig | Samba |
| Boogie | Jitterbug | Saraband |
| Cancan | Jive | Shake |
| Charleston | Limbo | Shimmy |
| Fandango | Mambo | Tango |
| Foxtrot | Mazurka | Tarantella |
| Galliard | Minuet | Twist |
| Galop | Polka | Valeta |
| Gavot | Quadrille | Waltz |
| Habanera | Reel | |

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January 2025

Editor: Debbie Priest

Our Annual Resident's Christmas Decorate Your Door Contest Winner 2024

Congratulations Asano! She was the 1st place winner of our *Decorate Your Door* contest 2024. This is her fourth year in a row to win. Asano worked on this for weeks as she wanted to recognize all of our Employees of the Months. Asano is very grateful for the assistance and care she receives from our staff and this was her way of showing her appreciation.



Every month throughout the year, Asano decorates her door. This allows her to share and display her creative talents to those who walk by her apartment.

2nd place went to Pearl and 3rd place went to Sr. Catherine. The contest got our residents into the holiday fun. This year some decorated their doors with holiday lights, festive wreaths and ribbon.

Our 4th floor lobby area was also beautifully decorated by Pearl. It was very festive and had everyone feel the holiday spirit. Congratulations to all and mahalo to our residents who participated to spread the holiday cheer!

Roselani Place January Employee of the Month Charlene Butchart

Congratulations to Charlene Butchart for being our January Employee of the Month. Char is one of our dedicated Registered Nurses and has been working for us for over a year. Char has a lot of nursing experience and has been working in the Maui Community for years. She holds a Bachelor of Science in Nursing from the University of Hawaii Maui College.



She works very well with her supervisor and our Director of Health Services, Venesha Rems Vasquez. Together they support one another to assist our residents with their medical needs and day to day care. Char also conducts assessments, administers medications, consults with medical providers and assists our Resident Assistants and Med Techs on the floor when needed.

Char has a genuine compassion for our kupuna and it's humbling to see how she will go above and beyond for them. She advocates for our residents while implementing her years of her nursing experience.

Our Health Services Dept Team is very appreciative for all that she does. We all feel very blessed to have Char be a part of Roselani Ohana and are excited to see her receive this recognition. Congratulations Char for being our Employee of the Month!