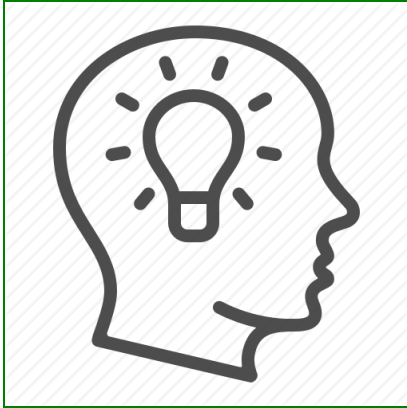


Memory Nutrients:

Results From Our Clinical Trial



Presentation by Steve & Catherine Blake

Saturday, April 6, 2019

1:00 pm - 3:30 pm

**Roselani Place - Third Floor Lobby
88 S Papa Avenue, Kahului, HI**

Alzheimer's disease is the 6th leading cause of death in the United States. This slide show is based on the just-completed *Hawaii Dementia Prevention Trial*. The lead authors of this clinical trial will tell you about the dietary changes and supplements that resulted in memory improvement, rather than memory loss. We will teach you how to lower your risk of memory loss by increasing your intake of antioxidant fruits and vegetables. You will learn how to improve blood flow to the brain for brighter mental activity. Find out which three nutrients are crucial for lowering the buildup of Alzheimer's plaques. Hear about which supplements, dietary changes, and medical plants have been shown to be effective in reducing the risk and progression of this common dementia.

*FREE
Admission*

Roselani Place
MAUI'S ASSISTED LIVING COMMUNITY

*Open to
the Public*

Model apartments will be open for your viewing ~ Door Prizes ~
Musical Entertainment by Frances Ku and refreshments!

For more information contact Debbie at: 871-7720

www.roselaniplace.com



About Steve Blake: Steve Blake, doctor of science in nutritional biochemistry, has been working at Hawaii Pacific Neuroscience. He has been teaching people with neurologic disorders to benefit from better nutrition. He and his wife Catherine live on an organic farm on Maui that is solar powered. www.DrSteveBlake.com